Will it work for me?

Many of our patients have attempted many other weight loss regimes in the past and had almost given up hope of finding a long-term solution.

We have the expertise to help you succeed and the confidence to know you will lose weight while being expertly cared for by our team.

Why do I need this? I'm already losing weight?

While GLP-1 medications help with weight loss, they often lead to muscle loss and nutrient deficiencies due to appetite suppression. Alevere ensures you maintain muscle mass, energy, and overall metabolic health for long-term success.

For More Information:

For more information visit your pharmacist.







What Is Alevere Combined?

Unlike generic weight loss approaches, Alevere offers **targeted nutritional support** that enhances GLP-1 therapy outcomes.

Our high-protein, low-carb nutrition plan prevents muscle loss & nutrient deficiencies whilst giving patients the tools to help their weight loss last.



What's Included in The Program

A variety of delicious, **convenient high protein low carb snack options** designed to fit your lifestyle:

- Shakes & Smoothies Easy, protein-packed meal replacements
- Bars & Snacks Satisfying, portioncontrolled options
- Soups & Crisps Savory choices to keep you on track
- **Hot Drinks** Indulgent, nutritious beverages

How Does It Work?

- 1. Patients visit their pharmacist for their GLP-1 medication and receive guidance on nutritional support.
- 2. You then **select an Alevere bundle** tailored to your needs.
- 3. Choose your level of support:
- 4 Boxes/Month Light support with one product per day
- 8 Boxes/Month 2 products per day
- 12 Boxes/Month(Most Popular) Full support for maximum results

What are the risks of using the GLP-1 Pens on their own?

- 1. **Muscle Loss** Reduced appetite may result in inadequate protein intake, slowing metabolism.
- 2. **Nutrient Deficiencies** Limited food consumption can cause vitamin and mineral shortages, affecting overall health.
- 3. Fatigue & Weakness Inadequate nutrition can lead to low energy levels, sluggishness & Enhanced Side Effects.



Who is this for?

- Individuals on GLP-1 medications
 (Mounjaro, Wegovy,) looking for structured nutrition support
- Anyone seeking a guided, effective weight loss support program
- Patients wanting to maintain muscle mass and prevent nutritional gaps
- Those looking for easy, convenient meal solutions that align with medical weight loss treatments

